

LIVING FAITH BIBLE INSTITUTE

INTRO TO BIBLICAL COUNSELING – COU 320

Course Level // Leadership Prep / 2 Credit Hours

Spring 2024 / January 13th – May 4th / Online Only

Time: 9:45 am CST / Location: Online Only

Faculty Professor & Instructor: Jonathan Kindler

Education

- Bachelor of Advertising (Northwest Missouri State University)
- Masters in Marriage Family Counseling (MidAmerica Nazarene University)
- Licensed Professional Counselor (LPC)
- National Certified Counselor (NCC)

Experience

- Professional Counselor at Sound Mind, LLC (2014-Present)
- Teaching Elder at Midtown Baptist Temple (2018-Present)

Instructor: Josh O’Hora

Education

- Associate of Divinity (Living Faith Bible Institute)
- Bachelor of Arts in History/Secondary Education (University of Missouri-Kansas City)
- Masters in Marriage Family Counseling (MidAmerica Nazarene University)

Experience

- Licensed Professional Counselor at Sound Mind, LLC (2022-Present)
- Teaching Elder at Midtown Baptist Temple (2019-Present)

Teachers Assistant: Sabrina Gorman sabrina.gorman@lfbible.org

I. COURSE DESCRIPTION

This course will give students an introductory understanding of the sufficiency of Scripture to help people with their mental, emotional, spiritual, and relational problems. Students will observe the Word of God as profitable to tend to mankind’s needs in distinction from secular sciences. Students will observe biblical perspectives on the human condition and be introduced to basic, biblical principles to address man’s issues.

II. COURSE PREREQUISITES

- A passing grade in Foundations 2 & 3

III. MEASUREABLE LEARNING OUTCOMES

- The student will demonstrate an understanding of God’s original plan for mankind as well as the source and solution of man’s sin problem.

- The student will demonstrate and discuss how the effects of sin affect mankind mentally, emotionally, and spiritually.
- The student will demonstrate an understanding of basic principles forming the foundation of helping others deal with life's problems while understanding his or her own limitations.
- The student will demonstrate an understanding of how applying scripture to the human condition is more sufficient than secular methodologies.
- The student will demonstrate an understanding of how man's thought patterns affect his attitudes and actions and be able to explain how biblical truth can be applied to change thought patterns.
- The student will demonstrate an ability to practically and biblically address common issues that take place in the process of ministering in the context of the local church.

IV. REQUIRED ASSIGNMENTS

- There will be weekly post-lecture quizzes. **(20% of grade)**
- The student will compile an accurate and complete notebook of all lecture material given in class.
- The student will write a 5-page analysis of *A Path Well Lit: A Theology of Biblical Counseling* by Brandon Briscoe & Jonathan Kindler. **(30% of grade – due May 4th @ 11:59 pm CST)**
 - See assignment details under the assignment in Moodle.
- Each student will participate in four different counseling scenarios. **(20% of grade)**
 - You will have access to the scenarios on the Saturday of the week they are assigned, and they will be due the next Monday.
 - **Scenario #1: February 26th @ 11:59 pm CST**
 - **Scenario #2: March 18th @ 11:59 pm CST**
 - **Scenario #3: April 15th @ 11:59 pm CST**
 - **Scenario #4: April 29th @ 11:59 pm CST**
- The student will prepare for and take the exams given. **(30% of grade)**
 - Midterm Exam: **due March 11th @ 11:59 pm CST**
 - Final Exam: **due May 13th @ 11:59 pm CST**

V. REQUIRED TEXTBOOKS

Briscoe, Brandon, and Jonathan Kindler. *A Path Well Lit: A Theology of Biblical Counseling*. Living Faith Books, 2022.

Broger, John C. *Self-Confrontation: A Manual for In-Depth Discipleship*. Nelsonword Publishing Group, 1994.

- This book will be used in class scenarios. Short excerpts from the book will also be provided for your use.

The Holy Bible, Authorized Version.

VI. ESSAY FORMATTING

Chicago Manual of Style. (17th edition)

For help using Chicago Style:

https://www.chicagomanualofstyle.org/tools_citationguide.html

VII. CLASS SCHEDULE

WEEK	DATE	TOPIC	READING GUIDE	TASK
1	January 13 th	Syllabus & Introduction		Quiz 1
2	January 20 th	Introduction Cont'd	Chapter 1 – Why the Bible?	Quiz 2
3	January 27 th	Introduction Cont'd	Chapter 2 – Who is God?	Quiz 3
4	February 3 rd	Principles for the Biblical Counselor	Chapter 3 – What is Man?	Quiz 4
5	February 10 th	Principles Cont'd	Chapter 4 – The Human Purpose: Formation & Faithfulness	Quiz 5
6	February 17 th	Procedures & Patterns in Counseling	Chapter 4 – The Human Purpose: Fruitfulness & Fellowship	Quiz 6 Scenario #1 due Feb 26 th
7	February 24 th	Procedures & Patterns Cont'd	Chapter 5 – The Human Condition	Quiz 7
8	March 2 nd	Procedures & Patterns Cont'd	Chapter 6 – The Warring Factions	Quiz 8 Midterm Exam due March 11 th
9	March 9 th	Procedures & Patterns Cont'd	Chapter 7 – Worldly Solutions: Religions and Morality – Ideology and Tribalism	Quiz 9 Scenario #2 due Mar 18 th
10	March 16 th	Marriage, Divorce & Remarriage	Chapter 7 – Worldly Solutions: Psychology and Psychiatry – sexual Exploration and Gender Identity	Quiz 10
11	March 23 rd	Marriage, Divorce & Remarriage Cont'd	Chapter 8 – Biblical Solutions: Salvation and Renewal – Discipleship and Sanctification	Quiz 11
12	April 6 th	Emotions	Chapter 8 – Biblical Solutions: Spiritual Disciplines – The Mission	Quiz 12 Scenario #3 due Apr 15 th
13	April 13 th	Anxiety & Depression	<i>Chapter 9 – The Shepherd Counselor</i>	Quiz 13
14	April 20 th	Addictions / Sexual Purity	<i>Conclusion and Appendix A and Appendix B</i>	Quiz 14 Scenario #4 due Apr 29 th
15	April 27 th	Grief		Quiz 15

16	May 4 th	Money & Finance		Quiz 16 Book Review due May 4 th Final Exam due May 13 th
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VIII. METHODS OF INSTRUCTION

Independent reading & study, lecture, small group dialog and reflection.

IX. COURSE GRADING POLICY

LFBI Grading Scale

A: 92-100% Excellent. Mastery of course material.

B: 83-91% Good. Reasonable understanding of course material.

C: 74-82% Satisfactory. Basic comprehension of course material.

D: 65-73% Poor. Minimal knowledge of course material.

LFBI Grade-Point Calculation

A // 97-100	C // 77-79
A- // 92-96	C- // 74-76
B+ // 89-91	D+ // 71-73
B // 86-88	D // 68-70
B- // 83-85	D- // 65-67
C+ // 80-82	F // 0-64

Transferring credits: we transfer students' grade-point averages based on the above scale. LFBI does not transfer letter grades. This is critical to the consideration of student honors at graduation. LFBI Instructors will calculate a percentage grade on each assignment entered in Moodle.

X. ATTENDANCE POLICY

- Living Faith Bible Institute requires 100% attendance. All attendance issues will be handled directly by the course instructor within your specific class. From there, it may be deferred to the Registrar's Office. If a student misses' class but believes it may be excused, they will contact the Registrar. We believe that students have many potential extenuating circumstances that contribute to absence and for this reason, course records distinguish between excused and unexcused absence. The Registrar's Office staff is available to help students regarding any concern with attendance.
- Whether you are attending classes online or in person, it is important for students to put together a personal attendance plan. Being present and prepared for class is critical to getting the instructional experience necessary for growth. The following are the attendance requirements and policies for LFBI:

- Students are responsible for all missed information, instruction and assignments accrued while absent from class.
- For online students, if you miss the live viewing of any class lecture, you will have **ten days** to view the class online before the corresponding quiz becomes inaccessible and you are considered absent.
- All students who miss class (i.e., sickness, missions' trips, work schedules) will be expected to stay caught up with each week's class. Instructors may, at their discretion, grant extensions to students who miss class under special circumstances.
- Students who wish to contest an unexcused absence may fill out the Absence Form on the Resource page of myLFBI for review by the Registrar's Office.
- When in live attendance, the student is expected to show common courtesy to the professor and fellow students by being punctual. Students who are regularly late to class or are a distraction to other students are susceptible to being reported to the Registrar's Office.

XI. DROP POLICY

- Students have until the second week of semester classes to enroll for credit. The penalty for late enrollment is missing the quizzes for the sessions while they were not enrolled.
- There will be no refunds for early withdrawal beyond the second week of class or for incomplete classes.
- Students who enroll in Fall or Spring courses may be re-assigned as an "audit student" upon request prior to the end of week 4 but will not receive a refund. After week 4, all students will receive their earned grade.
- Students who enroll in Summer Self-Pace courses may be reassigned as an "audit student" upon request prior to the end of week 3 but will not receive a refund. After week 3, all students will receive their earned grade regardless of what was completed.
- Students will receive a failing grade for an incomplete course. The failing grade will go on their transcript. Contact the registrar to change enrollment status prior to the designated time.
- Students may retake a class for credit the next time it is offered by re-enrolling and paying tuition. Both grades will be recorded on the transcript.

XII. OTHER POLICIES

- **Academic Misconduct**
Academic misconduct is strictly prohibited and will result in an F for the course as well as a board review of student enrollment status.
- **Disability Statement**
Students with a documented disability may contact the LFBI offices to make arrangements for academic accommodations.
- **Classroom Respect**
Classroom policies will be established and enforced by the individual instructor. Cell

phones, internet social networking and other distractions take away from the learning environment. Use these on class assigned breaks only.

XIII. SELECTED BIBLIOGRAPHY

- Adams, Jay E. *Competent to Counsel: Introduction to Nouthetic Counseling* (Grand Rapids, MI: Ministry Resources Library, 1986),
- *The Christian Counselor's Manual: The Practice of Nouthetic Counseling* (Grand Rapids, MI: Baker Book House, 1973)
- *A Theology of Christian Counseling: Introduction to Nouthetic Counseling* (Grand Rapids, MI: Ministry Resource Library, 1986)
- Phillips, Bob *Overcoming Anxiety & Depression* (Eugene, OR: Harvest House Publishers, 2007)
- Broger, John C. *SELF-CONFRONTATION: A Manual for In-Depth Discipleship* (Palm Desert, CA; Biblical Counseling Foundation, 1991)
- Howard Eyrich and William Hines *Curing the Heart: A Model for Biblical Counseling* (Ross-shire, UK: Christian Focus Publications, 2002)
- Nee, Watchman *The Normal Christian Life*. (Fort Washington, PA: Christian Literature Crusade, 1957.)
- David Martyn Lloyd-Jones *Spiritual Depression: Its Causes and Its Cure*. (Grand Rapids, MI: Eerdmans, 1965.)
- Glasser, William *Reality Therapy*. (New York: Harper & Row Publishers Inc., 1965.) Often quoted by those who reject the traditional approaches of psychology and psychiatry.
- Szasz, Thomas. *The Myth of Psychotherapy*. (Syracuse University Press, 1978.) Not a believer, Szasz rejects the entire concept of mental illness as erroneous and immoral.
- Reference material will be posted throughout the semester.

This syllabus is subject to change by verbal or written announcement by the professor.

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