

## C.H.A.N.G.E. - 6 procedures for lasting change.

### C- CALL upon Wisdom from the Lord.

- [Jas 1:5 KJV] 5 If any of you lack wisdom, let him ask of God, that giveth to all [men] liberally, and upbraideth not; and it shall be given him.
  - *This looks like shifting our contemplations to conversations with God.*

### H- HUMBLE yourself under the control of the Holy Spirit.

- [Jhn 14:26 KJV] 26 But the Comforter, [which is] the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.
  - *This looks like subjecting ourselves to the power of the Holy Spirit to do the work on our behalf.*

### A- ADMIT unbiblical deeds (thoughts, words, and actions) to the Lord.

- [1Jo 1:9 KJV] 9 If we confess our sins, he is faithful and just to forgive us [our] sins, and to cleanse us from all unrighteousness.
  - *This looks like Confessing our sins to the Lord.*

### N- NOTICE conduct through self-evaluation.

- [Col 3:8-9 KJV] 8 But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth. 9 Lie not one to another, seeing that ye have put off the old man with his deeds;
  - *This looks like making a list of all the ways you have failed to think, speak, and act in an unbiblical manner. These are your "put-offs" discussed earlier.*

### G- GIRD - Up your loins.

- [1Pe 1:13-16 KJV] 13 Wherefore **gird up the loins of your mind**, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ; 14 As obedient children, not fashioning yourselves according to the former lusts in your ignorance: 15 But as he which hath called you is holy, so be ye holy in all manner of conversation; 16 Because it is written, Be ye holy; for I am holy.
  - *This looks like establishing a daily plan for Godly living, prepare oneself for action.*
- [Col 3:10 KJV] 10 And have put on the new [man], which is renewed in knowledge after the image of him that created him:
  - *This looks like making a list of the biblical "put-ons" that are to replace your unbiblical thoughts, words, and actions*
- [1Pe 5:8 KJV] 8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:
  - *This looks like creating a contingency plan for temptation. What exactly will you do to be vigilant?*
  - *This is what I'm doing, this is what I'm gonna do, and this is how I'm gonna do it.*

### E- ESTABLISH a biblical support system.

- [Pro 11:14 KJV] 14 Where no counsel [is], the people fall: but in the multitude of counsellors [there is] safety.
  - *This looks like surrounding yourself with the body of believers. This consist of people God has placed in your path that are biblically minded.*
    - [Heb 10:24 KJV] 24 And let us consider one another to provoke unto love and to good works: